


Special (Free) Evening Class! “Healthy Eating for Diabetes”

WHERE: Cameron Regional Medical Center
Conference Room (Come to Main Entrance)



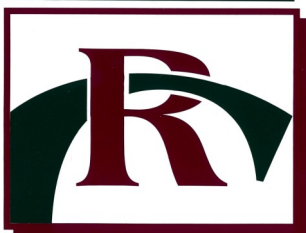
**Thursday, July 19
6:00 - 7:30 p.m.**

**Presented by Sally Tyner, MS, RD, LD of
CRMC’s Nutrition Department**

Patients will learn how to count carbohydrates, read food labels, and plan healthy meals for someone with Diabetes.

Attendees should RSVP to (800) 852-0659, Ext. 3277, or (816) 649-3277 by Monday, July 16, 2018.

**CAMERON
MEDICAL**



**CENTER
REGIONAL**

CAMERON REGIONAL MEDICAL CENTER

1600 E. Evergreen; Cameron 64429

(800) 852-0659, Ext. 3277

or (816) 649-3277

Exit 52 off I-35